



SH! Fund

Providing families affected by ASD with activities and
respite during the *School Holidays!*

BAS *SH! Fund* is a year-round fundraising project with the objective of providing funds to enable families affected by ASD to enjoy a summer activity. We need the help from anyone who can run a stall at a village or school fete, organise a dress down day at school, sponsored for 10k races. These activities build-up over the year and mean we can make a positive difference to the experience of families affected by ASD during the School Holidays.

The School Holidays can be a very difficult time for carers and the individuals affected by ASD. The loss of the structure provided from the routine around school can cause anxieties in a child with ASD. Many of the usual school holiday activities available do not meet the needs of children with an ASD. Attempts to join in activities often lead to negative experiences because the structure they need to feel secure and more at ease is lacking or because the organisers have too little understanding of ASD and how to manage anxieties.

All monies raised for the BAS, *SH! Fund* are used to organise ASD Friendly activities across Berkshire during the school holiday period. It is used to help families who are most isolated by the impacts of ASD to relax, have fun and enjoy a family activity together and with other families affected by ASD.

Fundraisers can borrow BAS T-shirts, collection tins & buckets and there will be posters and materials available.

Contact the **Berkshire Autistic Society** office
contact@autismberkshire.org.uk
or 0118 9594594

Berkshire Autistic Society is a Registered Charity: 1076217